Original Article
RARRES3 suppressed metastasis through suppression of MTDH to regulate epithelial-mesenchymal transition in colorectal cancer

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Abstract: It has been reported that Retinoic acid receptor responder 3 (RARRES3) could suppress the metastasis of colorectal cancer (CRC). However, the underlying mechanism by which RARRES3 suppresses metastasis remains unknown. To investigate the functional involvement of RARRES3 in CRC, we first analyzed the expression of this protein between human CRC clinical samples and their corresponding normal controls and tested its correlation with clinicopathology as well as prognosis of CRC. We also examined the endogenous expression of RARRES3 by western-blot in a panel of CRC cell lines with different metastatic capacity. Cell proliferation, migration and invasion of the CRC cell lines with either knockdown or reexpression of RARRES3 were examined by MTT, transwell and wound healing assays, respectively. The intracellular signaling pathways affected by manipulations of RARRES3 in CRC cells were determined by western blot. Immunoprecipitation (IP) was employed to assess the interaction between proteins. To investigate the metastatic ability in vivo, CRC cell lines with manipulations of RARRES3 expression were inoculated in nude mice through tail vein injection. We confirmed that RARRES3 was significantly down-regulated in CRC tissues compared with normal controls. RARRES3 expression was not correlated with prognosis but significantly associated with CRC differentiation and lymphnodes metastases. We also found that RARRES3 was able to significantly suppress the metastasis of CRC cells both in vitro and in vivo through the regulation of epithelial-mesenchymal transition (EMT) process during which RARRES3 interacted with MTDH in an opposite way. Taken together, we for the first time found that RARRES3 was able to suppress the metastasis of CRC both in vitro and in vivo via suppression of MTDH so as to regulate EMT.

Keywords: Colorectal cancer, RARRES3, β-catenin, EMT, metastasis

Introduction

Colorectal cancer (CRC) is the third leading cause of death from cancer worldwide [1], and ranks the fifth among cancer related death in China, with its incidence continually increasing [2]. Despite of the advances in the treatment modalities including new surgical techniques, novel radiotherapy and chemotherapy over the last decades, the overall survival rate of patients with CRC has been dismal, with a 5-year survival rate being less than 10% for stage IV patients whose have CRC cells metastasized to distant organs [3]. Distant metastases to lung and liver are fairly common in CRC [4, 5]. A recent research provided clinical and molecular evidence showing that different MAPK signalling pathways are implicated in the mechanisms that allow colon cancer cells to form liver and lung metastases [6].

Retinoic acid receptor responder 3 (RARRES3), also named TIG3 [7] or RIG1 [8], has been identified and characterized as a tumor suppressor being able to repress lung metastasis in breast cancer via the regulation of adhesion and differentiation [9, 10]. It is a consensus that RARRES3 is significantly down-regulated in CRC tissues compared with normal controls, and that its expression is significantly associated
with CRC differentiation but not with prognosis [11, 12]. Additionally, it has been shown that RARRES3 is able to regulate keratinocyte differentiation and loss of RARRES3 in transformed cells contributes to the malignant phenotype [13], probably due to a direct involvement of TP53 [14]. Nevertheless, there has been little molecular mechanism linking RARRES3 and metastasis suppression in colorectal cancer.

MTDH has been reported to significantly promote cancer metastasis by inducing epithelial-mesenchymal transition [15, 16] in cooperation with SND1 [17, 18], via regulating the PI3K-AKT [19], ERK [20], p38 and NF-κB [21] signal pathways. There has been, however, no report regarding the mechanism underlying MTDH mediates metastasis in the setting of RARRES3 changes in CRC.

To investigate the possible mechanism by which RARRES3 suppresses metastasis in colorectal cancer, in the present study, we analyzed the clinicopathological as well as prognostic significance of RARRES3 in CRC tissues. We also determined the malignant behaviors of CRC cell lines after genetic manipulations of RARRES3 expression in vitro via both knockdown and over-expression strategies. We found that RARRES3 was significantly down-regulated in human CRC tissues compared to the corresponding normal controls and that the level of RARRES3 significantly associated CRC differentiation, albeit no prognostic association was identified. Mechanistically, we found that RARRES3 was able to significantly suppress CRC metastasis through modulating the epithelial-mesenchymal transition (EMT) process by interacting with MTDH in an opposite way. Our study, for the first time, identified RARRES3 mediates suppression of CRC metastasis through MTDH and the regulation of EMT.

Materials and methods

CRC clinical tissues

The present study was approved by the Medical Ethics Committee of Ruijin Hospital, School of Medicine, Shanghai Jiaotong University and signed informed consent was obtained before obtaining clinical tissues. 78 cases of normal colorectal tissues and 86 cases of colorectal cancer tissues in formalin-fixed paraffin-embedded (FFPE) blocks were retrieved from the department of pathology from 2006 to 2013 in our hospital. None of the recruited patients received treatment before surgery, and the clinical-pathological information for all the patients was available. Representative hematoxylin and eosin (H&E)-stained slides from each patient were retrospectively reviewed blindly and separately by two pathologists. Both samples were separately excised by experienced pathologists and were frozen in liquid nitrogen within 30 min after surgery and stored at -80°C until analysis.

CRC cell culture and transfection

The human CRC cell lines HT29, DLD-1, HCT-15, CoL0320, SW480 and SW620 were all purchased from American Type Culture Collection (Rockville, MD). Cells were cultured in DMEM supplemented with 10% fetal bovine serum and penicillin/streptomycin in a 5% CO₂ humidified incubator at 37°C. For knockdown experiments, lentiviral short hairpin RNA (shRNA) vector pGFP-C-shLenti-RARRES3 (TL 320510) and shRNA scramble control were all purchased from Origene (Origene Technologies, Inc, USA). shRNA target sequences were selected using the on-line tool (http://rnaidesigner.lifetechnologies.com/rnaiexpress/). Additionally, eukaryotic over-expression vector harboring full length cDNA of RARRES3 (NM_004585.2) pCMV-XL5-RARRES3 (SC 117294) was also purchased from Origene (Origene Technologies, Inc, USA).

Immunohistochemistry (IHC)

Hematoxylin and eosin-stained slides and unstained slides for immunohistochemical analysis were prepared from formalin-fixed, paraffin-embedded blocks of CRC tissues. Immunohistochemical stains were performed using heat-induced epitope retrieval, an avidin-biotin complex method. The rabbit anti-RARRES3 antibody (TA 308191, Origene Technologies, Inc, USA) was diluted with 1:100. The sections were evaluated by light microscopic examination, and cellular localization of the protein and immunostaining level in each section were assessed by two pathologists. The staining patterns were scored as follows: negative, weak (less than 30% of cells with positive staining), moderate (less than 60% but more than 30% of cells with positive staining) and strong positive (more than 60% of cells...
with positive staining) according to the immunostaining intensity.

**Western blotting**

Seventy-two hours after transfection, HT-29 and SW-620 cells were harvested in RIPA lysis buffer (Biotek, Beijing, China) and 50 μg of cellular protein were subjected to 8% SDS-PAGE separation. Proteins were transferred to PVDF microporous membrane (Millipore, Boston, MA, USA) and blots were probed with rabbit polyclonal antibodies against RARRES3 (TA 308191, Origene Technologies, Inc, USA), MTDH (#14065), Fibronectin (#9699), Snail (#4719), E-cadherin (#3195), vimentin (#3932), β-catenin (#9582) (Cell Signaling Technology, USA). β-tubulin (sc-9104) and GAPDH (sc-25778, Santa Cruz Biotechnology, CA, USA). β-tubulin was chosen as an internal control and the blots were visualized with Western Breeze Kit (WB7105, Invitrogen Life Technologies, CA, USA).

**Co-immunoprecipitation**

Cells transfected with a control vector or pCMV-XL5-RARRES3 were used in this study. The samples were pre-absorbed with 25 μl of protein A/G-Sepharose (50%) for 10 min and immunoprecipitation was performed using 4 μg/ml anti-FLAG at 4°C for 1 hr and then incubated with 30 μl of A/G-Sepharose for an additional hour or overnight. After three washes, the pellets were resuspended in 40 μl of SDS sample buffer and boiled for 5 min. The entire supernatant was subjected to Western blotting.

**Cell proliferation assay**

Methylthiazolyl blue tetrazolium (MTT; Sigma-Aldrich, St Louis, MO) spectrophotometric dye assay was used to observe and compare cell proliferation ability. HT-29 and SW-620 cells were plated in 96-well plate at a density of 5 × 10^3 cells/well and allowed to form a confluent monolayer for 24 h. After the transfection experiment, the monolayer was scratched with a sterile pipette tip (10 μL), washed with serum free medium to remove floated and detached cells and photographed (time 0 h and 48 h) by inversion fluorescence microscope (Olympus, Japan). Cell culture inserts (24-well, pore size 8 μm; BD Biosciences) were seeded with 5 × 10^3 cells in 100 μL of medium with 0.1% FBS. Inserts pre-coated with Matrigel (40 μL, 1 mg/mL; BD Biosciences) were used for invasion assays. Medium with 10% FBS (400 μL) was added to the lower chamber and served as a chemotactic agent. Noninvasive cells were wiped from the upper side of the membrane and cells on the lower side were fixed in cold methanol (-20°C) and air dried. Cell were stained with 0.1% crystal violet (dissolved in methanol) and counted using the inverted microscope. Each individual experiment had triplicate inserts, and 4 microscopic fields were counted per insert.

**Metastasis assay in nude mice**

Briefly, 1 × 10^5 cells (four groups including HT-29-shRNA-scramble, HT-29-shRNA-RARRES3, SW-620-pCMV-XL5-vector, and SW-620-pCMV-XL5-RARRES3) were injected intravenously through the tail vein into 4-5-week-old severe combined immunodeficient nude mice (BALB/c) (five mice per group). After 12 weeks, the number of tumour nodules formed on the liver surfaces was counted. Livers were excised and embedded in paraffin for further study.

**Statistics**

Data were expressed as mean ± SD and were analyzed by Student’s t test, one-way ANOVA and χ^2 test as appropriate using SPSS for Windows version 16.0 (SPSS, Chicago, USA). Kaplan-Meier survival curves were plotted and log rank test was done. The significance of various variables for survival was analyzed by Cox proportional hazards model in a multivariate analysis. P<0.05 in all cases was considered statistically significant.
Results

The expression of RARRES3 was significantly down-regulated in CRC tissues and positively associated with differentiation.

To understand the clinicopathological significance of RARRES3, we analyzed the expression of RARRES3 in a total of 86 CRC tissues and 78 distal normal tissues by immunohistochemistry (IHC). The expression of RARRES3 was heterogeneous in CRC tissues, ranging from weak to moderate to strong positive staining. Compared with CRC tissues, all paired normal control tissues had strong positive staining of RARRES3. RARRES3 was found to localize in...
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Table 1. Correlation between RARRES3 expression and clinicopathologic information of CRC

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<th>P value</th>
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<td>47.748</td>
<td>-</td>
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<td>86</td>
<td>High (+++, +++)</td>
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<td></td>
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<td>Female</td>
<td>22</td>
<td>High (+++, +++)</td>
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<td>0.598</td>
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<td>≤60</td>
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<td>High (+++, +++)</td>
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<td>6</td>
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<td>II</td>
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<td>III</td>
<td>32</td>
<td>Low (+, -)</td>
<td></td>
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<td>18</td>
<td>Low (+, -)</td>
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<tr>
<td>&gt;20</td>
<td>34</td>
<td>Low (+, -)</td>
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Figure 2. RARRES3 expression wasn’t significantly associated with prognosis in CRC. Immunostaining of RARRES3 and overall survival in CRC was calculated by the Kaplan-Meier survival curves. There wasn’t significant difference between RARRES3 expression and prognosis (P>0.05, using log rank test) after statistical analysis.

To confirm whether there was association between RARRES3 expression and prognosis, Kaplan-Meier survival curve for different expression status of RARRES3 was performed. Based on 86 cases of patients with CRC, no significant difference in survival was found between patients with weak, moderate or strong RARRES3 staining in tumors (P=0.924) (Figure 2). Similarly, multivariate analysis showed there was no significant survival differ-
ence between patients with negative and weak (P=0.929, data not shown) or between patients with negative and strong RARRES3 staining in tumors (P=0.458, data not shown).

RARRES3 could suppress EMT process

To investigate the role of RARRES3 in CRC, we used shRNA as well as over-expression vectors to manipulate RARRES3 expression in culture. We selected 3 candidate interference target sequences (Supplementary Table 1) and therefore constructed 3 shRNA vectors. The knockdown efficiency of the 3 shRNA vectors was determined by western-blot (Figure 3A). It can be seen that among the 3 candidate target sequences, the knock-down efficiency of shRNA-RARRES3 was most significant of all and thus was chosen in the following functional analysis.

To determine the basal expression of RARRES3 in CRC cell lines, western-blot was performed on a panel of CRC cell lines including both epithelial and mesenchymal phenotypes. We found that RARRES3 expression was positively associated with E-cadherin expression but negatively correlated with Snail and vimentin, typical markers of mesenchymal. Meanwhile, we also found that expression of β-Catenin was also reduced in parallel to RARRES3 (Figure 3B). As a further confirmation, we employed the gain- and loss-of-function strategies. We knocked-down RARRES3 in HT-29 cells which had a highest basal level of RARRES3 and over-expressed RARRES3 in SW-620 cells that were negative for RARRES3 (Figure 3C). Thus, based on the results from CRC cell lines, we concluded that RARRES3 was able to inhibit the EMT process in CRC.

RARRES3 could suppress both invasion and migration but not proliferation in CRC cell lines in vitro

To understand the role of RARRES3 in the metastasis of CRC, we over-expressed and knocked-down RARRES3 in CRC cell lines HT-29 and SW-620, respectively, using transfection. We found that loss of RARRES3 protein failed to inhibit proliferation (Figure 4A) but significantly promoted invasive (Figure 4B) and...
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RARRES3 interacted with MTDH in an opposite way

Based on the finding that knock-down of RARRES3 up-regulated β-catenin expression so as to regulate EMT process and given that MTDH, another pivotal metastasis-associated factor known to regulate EMT process through β-catenin pathway, we tried to detect whether or not there was any change of MTDH after manipulations of RARRES3. We found that MTDH expression was increased in response to RARRES3 suppression (Figure 5A). To confirm the change of β-catenin expression, we detected the distribution of β-catenin in cytoplasm and nucleus fractions. We found that β-catenin expression was increased in nuclear compartment and decreased in cytoplasm compartment after knock-down of RARRES3, suggesting that β-catenin might translocate from cytoplasm to nuclear after ectopic expression of RARRES3 (Figure 5B). To investigate wheth-

Figure 4. RARRES3 could suppress both the invasion and migration ability but not proliferation in CRC cell lines. A. MTT assay for HT-29 and SW-620 after knock-down of RARRES3 using over-expression vector and retroviral shRNA vector transfection for 0 h, 24 h, 48 h, 72 h and 96 h; B. Transwell assays for HT-29 and SW-620 after knock-down and over-expression of RARRES3 using retroviral shRNA vector and over-expression vector transfection for 48 hours. The left is qualification assay; the right is quantitation assay of Transwell; C. Wound-healing assay for HT-29 and SW-620 after knock-down and over-expression of RARRES3 using retroviral shRNA vector and over-expression vector transfection for 96 hours. (**P<0.01, *P<0.05 compared with control group using independent Student’s t test or one-way ANOVA analysis). Images of migratory/invasion cells from the scratched boundary/transwell chamber were observed and acquired with light microscope (10 × 10). Similar results were obtained in three independent experiments, and shown were representative figures.
er or not there was any physical interaction between RARRES3 and MTDH, we performed IP experiment. The result showed that RARRES3 and MTDH physically interacted with each other in an opposite way (Figure 5C).

RARRES3 could suppress metastasis in vivo

To further investigate the suppressive effect of RARRES3 on tumor metastasis, we conducted an experimental metastasis in nude mice by injecting CRC cells with manipulations of RARRES3 by shRNA or overexpression vectors through tail vein, with five mice per group. shRNA-scramble and pCMV-XL5-blank vectors were used as controls. Mice were euthanized and the metastatic nodules were counted on the surface of liver after 12 weeks. The number of visible nodules formed in the liver induced by HT-29-shRNA-RARRES3 were significantly increased when compared to those from the mice injected with HT-29-shRNA-scramble (Figure 6A); meanwhile, the number of visible nodules formed in the liver induced by SW-620-pCMV-XL5-RARRES3 were significantly less than those induced by SW-620-pCMV-XL5-vector (Figure 6B). These results suggested that RARRES3 could effectively suppress tumor metastasis in vivo.

Discussion

Despite RARRES3 has been firstly reported and found to be significantly associated with tumor differentiation but not prognosis in CRC by the same group [11, 12], little evidence was available in regard to the role of RARRES3 in the suppression of CRC metastasis. Given the role of RARRES3 as a metastasis suppressor identified in breast cancer [9, 10]. In the present study, we confirmed that RARRES3 was significantly reduced in CRC tissues in comparison with normal tissue controls using IHC, and that there was significant difference between RARRES3 expression and CRC differentiation. In addition, we showed that RARRES3 was able to suppress the EMT process via interaction with MTDH in an opposite way. To our knowledge, this is the first report that identified RARRES3 and MTDH were interacted in an opposite way in the suppression of CRC metastasis.
The present study revealed a new aspect of the molecular mechanism by which RARRES3 suppressed metastasis involving the interaction between RARRES3 and MTDH in an opposite way so as to convert the CRC cells from the mesenchymal to the epithelial state. As a matter of fact, there were limited studies available regarding the mechanism of RARRES3 in malignant tumors, if any, those were mainly focused on breast cancer [9, 10, 22, 23] and keratinocyte of the epidermis [13, 24] as well as other epithelial cancers [25] including cervical cancer [26], head and neck squamous cell carcinoma [27] and ovarian cancer [28]. Based on the reports mentioned above, the roles of RARRES3 include the regulation of cell differentiation and inhibition of malignant transformation [13, 27]. Some studies found that the N-terminal hydrophilic region of RARRES3 is required for RARRES3 to exert its tumor suppressive function [24, 26, 29, 30]. Others reported that expression of RARRES3 reduced proliferation, promoted cellular apoptosis through redistribution of microfilament [25], and Golgi apparatus [31]. As for the variation of signal pathway, Huang et al observed that RARRES3 negatively regulated extracellular signal-regulated kinase (ERK), c-Jun N-terminal kinase (JNK) and p38 mitogen-activated kinase both in cervical and gastric cancer cell lines [32], which was partly consistent with and supported by Tsai et al [31] that RARRES3 suppressed Ras activation. On the other hand, Ou et al reported that down-regulation of HER2 by

Figure 6. RARRES3 could suppress colorectal cancer (CRC) metastasis in vivo. RARRES3 could suppress colorectal cancer (CRC) metastasis in vivo. Representative livers derived from severe combined immunodeficient (BALB/c) mice in HT-29 (A) and SW-620 (B) were shown. The formation of metastatic nodules at the liver surface could be significantly promoted by HT-29-shRNA-RARRES3 and significantly suppressed by SW-620-pCMV-RARRES3.
RARRES3 was mediated by the PI3K/AKT pathway in ovarian cancer cells [28]. Wu et al discovered that RARRES3-prostaglandin D2 (PGD2) signaling pathway might play an important role in cancer suppression in testis [33]. In hepatocellular carcinoma cells, RARRES3 was found to be directly regulated by p53 [14]. In our present study, we found that expression of RARRES3 negatively regulated K-Ras expression in CRC cell lines, which was consistent with published study [31]. In addition, RARRES3 can also increase the expression of E-cadherin and β-catenin, the former of which was a typical epithelial biomarker, whereas decreased the expression of vimentin, N-cadherin and Snail, typical mesenchymal biomarkers. The results obtained demonstrated that RARRES3 could suppress the EMT process involving the up-regulation of β-catenin signaling pathway. Because that MTDH could promote metastasis through induction of EMT [16, 34] and nuclear translocation of β-catenin [15, 16], and that RARRES3 can suppress the MTDH expression, there is a remarkable meaning that RARRES3 suppresses the EMT process through modulating nuclear translocation of β-catenin.

With respect to the subcellular localization of RARRES3, there has been inconsistent reports depending on the different cancer cell lines examined or different methodologies employed. Tsai et al reported that using confocal microscopy RARRES3 was found to localize in the endoplasmic reticulum (ER) and Golgi apparatus in HTA cervical cancer cells [31], whereas Scharadin et al [25] observed in epidermal squamous cell carcinoma SCC-13 cells that RARRES3 localized near the centrosome without mentioning what approach was taken. Shyu RY and colleagues found that RARRES3 was localized at the supranuclear region in CRC tissues using IHC on the premise that the antibody against RARRES3 was higher specific [12], which supports our findings at the tissue level.

Taken together, our results demonstrated that RARRES3 was significantly reduced in CRC tissues compared to normal controls, and that RARRES3 was significantly associated with cell differentiation. Mechanistically, we found, for the first time, that RARRES3 interacted with MTDH in an opposite way to suppress metastasis of CRC through the regulation of EMT process.

Acknowledgements

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Disclosure of conflict of interest

None.

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References

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**Supplementary Table 1.** shRNA sequences of RARRES3

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